

Work - life balance results

Team _____

Date _____

Number of answers _____

Tally how many employees ticked each box. Percent agree = (number of 4s + number of 5s) divided by the total, times 100.

STATEMENT	1	2	3	4	5	TOTAL	% AGREE
1. My hours leave enough time for life outside work.							
2. I rarely miss things I care about because of work.							
3. Most days I finish work with energy to spare.							
4. I can put work out of my mind after hours.							
5. Things outside work rarely get in the way of my job.							
6. Personal worries rarely follow me into work.							
7. I can change when or where I work if I need to.							
8. I can take an hour or two off for personal matters.							
9. My manager respects my life outside work.							
10. Flexible working is not held against anyone here.							

Overall, how well do work and the rest of your life fit together

VERY WELL	WELL	NOT VERY WELL	NOT AT ALL WELL

Strengths

The two statements with the highest percent agree.

Two statements to work on first

The two statements with the lowest percent agree.

What the open answers say

Sort the comments into three or four themes.

You said, we will

Where work and home are colliding, and the change we will try first.
