

Social media and students: results

School or class

Date

Number of answers

Tally how many students ticked each box. Percent agree = (number of 4s + number of 5s) divided by the total, times 100.

STATEMENT	1	2	3	4	5	TOTAL	% AGREE
1. I can study for half an hour without checking social media.							
2. Social media helps me with schoolwork, like class chats or study videos.							
3. I put social media away well before I go to sleep.							
4. I usually feel good about myself after time on social media.							
5. Social media helps me feel closer to my friends.							

On a typical school day, how much time do you spend on social media

NONE	LESS THAN 1 HOUR	1 TO 3 HOURS	3 TO 5 HOURS	5 HOURS OR MORE

Strengths

The two statements with the highest percent agree.

Where to act first

The two statements with the lowest percent agree.

What the open answers say

Sort the comments into three or four themes.

You said, we will

The two findings you will report, and who hears them.
