

Social awareness questionnaire

Leave your name off this sheet. Think about the last month and answer for what you really did, not what you think you should do.

Class or group _____

Date _____

For each statement, tick one box from 1 (strongly disagree) to 5 (strongly agree).

STATEMENT	STRONGLY DISAGREE			STRONGLY AGREE	
1 Before I disagree, I try to see the other side.	1	2	3	4	5
2 I see what classmates are good at, not just friends.	1	2	3	4	5
3 I can tell when a classmate is having a bad day.	1	2	3	4	5
4 I think about how my words will make someone feel.	1	2	3	4	5
5 I thank people who help me, even with small things.	1	2	3	4	5
6 I notice when a school rule is unfair to some students.	1	2	3	4	5
7 I can tell what a place or situation expects of me.	1	2	3	4	5
8 I can explain how a law or rule changes how people act.	1	2	3	4	5
9 I spend time with people from backgrounds unlike mine.	1	2	3	4	5

10 The last time you saw a classmate being left out, what did you do?

☐ Invited them in ☐ Checked on them later ☐ Told an adult ☐ Nothing ☐ I have not seen it happen

11 Describe a time you changed your mind after hearing someone else's side.

12 What would help students at this school understand each other better?

Thank you. Your answers are anonymous.

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Optional questions (1 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

Awareness of social issues

13 Which of these issues affect people in your community the most? (tick all that apply)

- ☐ Cost of living ☐ Mental health ☐ Bullying ☐ Racism and discrimination ☐ Climate and pollution
☐ Drugs and alcohol ☐ Homelessness ☐ Health care ☐ Crime ☐ Something else

14 How closely do you follow news about social issues?

- ☐ Very closely ☐ Fairly closely ☐ Not very closely ☐ Not at all

15 Where do you hear about social issues most often?

- ☐ Social media ☐ News sites or apps ☐ TV or radio ☐ Lessons at school ☐ Family or friends

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
16 I could explain one social issue in my community to a younger student.	1	2	3	4	5
17 Before I share a post about a social issue, I check where it came from.	1	2	3	4	5
18 I feel comfortable talking about social issues with people who disagree with me.	1	2	3	4	5
19 Which social issue do you most want to learn more about, and why?					

Online and in group chats

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
20 In group chats, I notice when someone goes quiet or gets left out.	1	2	3	4	5
21 I follow people online whose views are different from mine.	1	2	3	4	5
22 In the past month, how often did you see someone mocked or shut out online?					
☐ Never ☐ Once or twice ☐ A few times ☐ Every week ☐ Almost every day					

Optional questions (2 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

From awareness to action

23 In the past 12 months, how often did you volunteer?

- ☐ Never ☐ Once or twice ☐ A few times ☐ About once a month ☐ Every week

24 Which of these did you do for a cause this past year? (tick all that apply)

- ☐ Raised money for a cause ☐ Joined a group for a cause ☐ Signed a petition ☐ Spoke up in class
☐ Contacted a local leader ☐ None of these

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
25 If students here pushed for a change, we could make it happen.	1	2	3	4	5
26 I know how to find a group working on an issue I care about.	1	2	3	4	5
27 What most often stops you from getting involved?					
☐ Not enough time ☐ Not sure where to start ☐ Not sure it would help ☐ Nobody to go with ☐ Nothing stops me					

Grades 3 to 5 (read aloud)

28 I can tell how a friend feels by looking at their face.

- ☐ Yes ☐ Sometimes ☐ No

29 I say thank you when someone helps me.

- ☐ Yes ☐ Sometimes ☐ No

30 I play with kids who are not in my usual group.

- ☐ Yes ☐ Sometimes ☐ No

31 When someone is sad, I try to help.

- ☐ Yes ☐ Sometimes ☐ No

Thank you. Your answers are anonymous.

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Optional questions (3 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

About you (optional)

32 What grade or year are you in?

☐ Grade 3 to 5 ☐ Grade 6 to 8 ☐ Grade 9 to 10 ☐ Grade 11 to 12 ☐ College ☐ Prefer not to say

33 What is your gender?

☐ Girl or woman ☐ Boy or man ☐ Another gender ☐ Prefer not to say

Thank you. Your answers are anonymous.

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