

Student needs assessment

Your answers help the counseling team plan this year. Do not write your name, and answer for yourself.

Grade _____

Date _____

For each statement, tick one box from 1 (strongly disagree) to 5 (strongly agree).

STATEMENT	STRONGLY DISAGREE					STRONGLY AGREE				
1 I know what it takes to pass each of my classes.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
2 When I fall behind, I know where to get extra help.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
3 I have a plan for after high school.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
4 I know which courses I need for the future I want.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
5 I have an adult at school I can go to with a problem.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
6 I have ways to handle stress when school gets busy.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
7 I have at least one friend at school I can count on.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
8 Life outside school leaves me time for schoolwork.	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

9 What would you like more help with this year? (tick all that apply)

- ☐ Study skills
 ☐ A hard class
 ☐ Course choices
 ☐ Careers
 ☐ Stress
 ☐ Friendships
☐ Home life

10 If you wanted help, how would you like to get it?

- ☐ One to one
 ☐ Small group
 ☐ Class lesson
 ☐ Online
 ☐ No help needed

11 What would make this school year go better for you?

12 What do you need that our school does not offer yet?

Thank you. Your answers are anonymous.

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Optional questions (1 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

Learning and grades

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
13 I keep track of my assignments and due dates.	1	2	3	4	5
14 I know how to prepare for a big test.	1	2	3	4	5
15 Which class is hardest for you this year?					
☐ Math ☐ Science ☐ English ☐ Social studies ☐ A language ☐ None					
16 About how many school days did you miss last month?					
☐ None ☐ 1 or 2 ☐ 3 to 5 ☐ More than 5					
17 What gets in the way of homework? (tick all that apply)					
☐ No quiet place ☐ No device ☐ A job ☐ Family care ☐ Practice or clubs ☐ Nothing					

College, career and next steps

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
18 I know which jobs fit my interests.	1	2	3	4	5
19 I know how to apply to college, training or jobs.	1	2	3	4	5
20 I know the ways to pay for college or training.	1	2	3	4	5
21 What do you plan to do first after high school?					
☐ Four-year college ☐ Two-year college ☐ Trade training ☐ Work ☐ Military ☐ Not sure yet					
22 Which of these would help you plan? (tick all that apply)					
☐ Career quiz ☐ Job shadowing ☐ Campus visit ☐ Aid forms help ☐ Counselor meeting					
☐ Resume help					

Thank you. Your answers are anonymous.

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Optional questions (2 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

Choosing a track or courses (grades 8 and 10)

23 Which path are you leaning toward next year?

☐ University prep ☐ Technical or vocational ☐ Arts and design ☐ Sports ☐ Not sure yet

24 How sure are you about that choice?

☐ Very sure ☐ Fairly sure ☐ Unsure ☐ No idea yet

25 What is shaping your choice most? (tick all that apply)

☐ My interests ☐ My grades ☐ My family ☐ My friends ☐ Future jobs ☐ Cost

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
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26 I know enough about each option to choose well.	1	2	3	4	5
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27 What do you still want to find out before you choose?

Stress, friends and support

28 How often does schoolwork make you feel stressed?

☐ Never ☐ Rarely ☐ Sometimes ☐ Often ☐ Always

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
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29 After something upsets me, I can settle and refocus.	1	2	3	4	5
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30 I know how to tell an adult about bullying safely.	1	2	3	4	5
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31 Who would you go to first with a personal problem?

☐ A friend ☐ Family ☐ A teacher ☐ The counselor ☐ No one yet

College and university students

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
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32 I know where to get academic advising on campus.	1	2	3	4	5
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Thank you. Your answers are anonymous.

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Optional questions (3 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

College and university students (continued)

33 This term, how often did money worries get in the way of study?

- ☐ Never ☐ Rarely ☐ Sometimes ☐ Often ☐ Always

34 Which campus services would you use if they were easier to reach? (tick all that apply)

- ☐ Tutoring ☐ Writing help ☐ Counseling ☐ Career office ☐ Disability office ☐ Food pantry

35 How many hours a week do you work for pay?

- ☐ None ☐ 1 to 10 ☐ 11 to 20 ☐ 21 to 30 ☐ Over 30

About you (optional)

36 What grade are you in?

- ☐ Grade 6 to 8 ☐ Grade 9 to 10 ☐ Grade 11 to 12 ☐ College ☐ Prefer not to say

37 Are you learning English as a new language?

- ☐ Yes ☐ No ☐ Prefer not to say

38 How long have you been at this school?

- ☐ First year here ☐ 1 to 2 years ☐ 3 years or more

Thank you. Your answers are anonymous.

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