

AI use survey

AI tools means apps such as ChatGPT, Gemini or Copilot. Answer for yourself; no name needed.

Team, class or group

Date

For each statement, tick one box from 1 (strongly disagree) to 5 (strongly agree).

1 In the past seven days, on how many days did you use an AI tool such as ChatGPT, Gemini or Copilot?

☐ None ☐ 1 day ☐ 2 or 3 days ☐ 4 or 5 days ☐ 6 or 7 days

2 Which AI tools have you used in the past month? (tick all that apply)

☐ ChatGPT ☐ Gemini ☐ Copilot ☐ Claude ☐ AI inside another app ☐ None

3 What did you use AI for in the past week? (tick all that apply)

☐ Writing ☐ Summarising ☐ Finding facts ☐ New ideas ☐ Coding ☐ Data analysis ☐ Admin

4 On a day you use AI, how long do you actively use it?

☐ Under 15 minutes ☐ 15 to 60 minutes ☐ More than an hour ☐ I have not used it

STATEMENT	STRONGLY DISAGREE					STRONGLY AGREE				
5 AI tools save me time on tasks I do often.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5					
6 I check what an AI tool tells me before I rely on it.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5					
7 I know what I may and may not use AI for.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5					
8 My prompts get a useful answer within two tries.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5					
9 I am comfortable saying when I have used AI.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5					

10 Overall, do you feel more excited or more worried about AI tools?

☐ Mostly excited ☐ More excited ☐ Both equally ☐ More worried ☐ Mostly worried

11 Describe one task where AI has helped you the most.

12 What would help you get more out of AI tools?

Optional questions (1 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

AI adoption at work (employees answer)

13 When you use AI for work, whose tools do you mostly use?

- ☐ Tools my employer provides ☐ My own personal accounts ☐ A mix of both ☐ I do not use AI for work

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
14 My employer provides the AI tools I need for my job.	1	2	3	4	5
15 My manager encourages me to try AI in my work.	1	2	3	4	5

16 Have you had any training on using AI for your job?

- ☐ Yes, formal training ☐ Yes, tips from colleagues ☐ No, but I would like some
☐ No, and I do not need it

17 About how much time does AI save you in a typical work week?

- ☐ None ☐ Under 1 hour ☐ 1 to 3 hours ☐ 4 to 6 hours ☐ More than 6 hours

18 What stops you from using AI more at work? (tick all that apply)

- ☐ Not sure it is allowed ☐ No approved tool ☐ Not enough training ☐ Worried about accuracy
☐ Worried about data privacy ☐ It does not fit my tasks ☐ Nothing stops me

19 Which part of your job would you most like AI to help with?

AI at school or college (students answer)

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
20 My teachers make it clear when AI is allowed on an assignment.	1	2	3	4	5

21 How do you mostly use AI for your studies?

- ☐ To explain hard topics ☐ To check my writing ☐ To make practice questions ☐ To research a topic
☐ I do not use it for school

Optional questions (2 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

AI at school or college (students answer) (continued)

STATEMENT	STRONGLY DISAGREE				STRONGLY AGREE
22 Using AI helps me understand my coursework better.	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

STATEMENT	NOT AT ALL CONFIDENT				EXTREMELY CONFIDENT
23 How confident are you at spotting a wrong AI answer?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

24 Should courses teach students how to use AI well?

☐ Yes, in every course ☐ Yes, in some courses ☐ Not sure ☐ No

25 If you could change one rule about AI at your school, what would it be?

Views on AI and society (anyone answers)

26 How much have you heard or read about AI in the past month?

☐ A lot ☐ A fair amount ☐ A little ☐ Nothing at all

STATEMENT	NOT AT ALL CONFIDENT				EXTREMELY CONFIDENT
27 How confident are you at spotting AI-made content?	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5

28 Where do you think AI will do the most good in the next five years?

☐ Health care ☐ Education ☐ Science and research ☐ Customer service ☐ Transport

29 Which concern about AI matters most to you?

☐ Job losses ☐ Wrong answers ☐ Data privacy ☐ Fake images and video ☐ Less human contact

30 Should content made with AI be labelled?

☐ Always ☐ Only in news and ads ☐ Not needed ☐ Not sure

31 Who should set the main rules for how AI is used?

☐ Governments ☐ AI companies ☐ Independent experts ☐ Each workplace or school ☐ Not sure

Optional questions (3 of 3)

Add any of these to the core questions. Keep the numbering running on from page one.

About you (optional)

32 Which best describes you?

☐ Employed full time ☐ Employed part time ☐ Student ☐ Self-employed ☐ Not working right now

33 How old are you?

☐ Under 18 ☐ 18 to 24 ☐ 25 to 34 ☐ 35 to 54 ☐ 55 or older

34 What is your gender?

☐ Woman ☐ Man ☐ Another identity ☐ Prefer not to say

Thank you. Your answers are anonymous.

poll-maker.com/artificial-intelligence-questions